The Sticky on Social Media

Directions:
“x” on sticky notes that represent what you should **not** do
“✓” on the sticky notes that represent what you **should** do

My friend is being cyberbullied. I will report this to a trusted adult or school resource officer.

Someone sent a rude, embarrassing, or inappropriate picture to me. I blocked them. That is **all I need to do.**

Before I post I think:
T- Is the post true?
H- Is the post helpful?
I- Is the post inspiring?
K- Is the post kind?

I met a friend on a gaming site...they seem nice and say they are my age. I will continue talking to them.

I friended someone on social media that I do not know personally, but I think my friend does. I will keep them as a friend!
Cyberbullying is bullying that takes place online.

Bullies can be friends, acquaintances, or anonymous people.

**How and where does this occur?**

- Cyberbullying can be done through the sending and receiving of threatening emails, text messages, or instant messages on all multi-media devices.
- Bullying can occur through the revealing of inappropriate information, pictures, threats/accusations, etc.

Have a positive influence in someone’s life and say NO to cyberbullying.
Social Media Search

search
YouTube
camera
Twitter
apps

Instagram
Facebook
strong password
email
actions

cyberbullying
blocking
integrity
respect
stranger

text
phone
content
bystander
consequence
Social Media & Tech Pledge
*Parents/caregivers read this with your child*

I need to be careful of what I do and say on social media. I need to be mindful of what I search, the pictures I take on my camera and share, and the apps I download. What I say to others over the phone through call or text can be hurtful, so I should be kind. I should also remember anything I do over the phone and on social media could negatively affect me. What I share and send might be viewed by others I was not interested in showing. When monitoring my email and other accounts, I need to seek advice from my parents/caregivers if I get a strange email, an inappropriate message or photo, or I am threatened. It is important that I only “follow” and “friend” close people in my life and avoid strangers. It is important that I secure my accounts and create strong passwords with my parent or caregiver. I will not hide accounts or apps with my parents/caregivers. I know they are trying to keep me safe. I will not talk with strangers and I will notify my parents if a stranger contacts me. I know strangers can be older than they say they are. If I am threatened, I need to report this activity, save all photos and messages (only showing parents and law enforcement officers), and block that person on ALL social media accounts. When I know about cyberbullying, it is important that I report the activity and be a responsible bystander. If I am being cyber bullied, I need to talk with my parents/caregiver.

I should do all things with integrity and treat others with respect. I will make sure my actions are wise and thought out. I understand what I post on social media: Instagram, Facebook, YouTube, Twitter, etc. and the content displayed...may last forever.

I, _______________________________ have read and agree that I will use technology safely and be responsible in my decisions. I will talk to my parents/caregivers, school resource officer, or other trusted adult if I have problems. I understand that what I do and say online could have an impact on my future employment and could result in life altering consequences if I am not smart. I understand that technology is a privilege not a right!

Signature: ___________________________ Date: ________