

Social Media & Tech

Kids Safety Packet



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The Sticky on Social Media

Directions:

"x" on sticky notes that represent what you should not do

"✓" on the sticky notes that represent what you should do

My friend is being cyberbullied. I will report this to a trusted adult or school resource officer.

Someone sent a rude, embarrassing, or inappropriate picture to me. I blocked them. That is all I need to do.

I meet a friend on a gaming site...they seem nice and say, they are my age. I will continue talking to them.

Before I post I think:
T- Is the post true?
H- Is the post helpful?
I- Is the post inspiring?
N- Is the post necessary?
K- Is the post kind?

I friended someone on social media that I do not know personally, but I think my friend does. I will keep them as a friend!

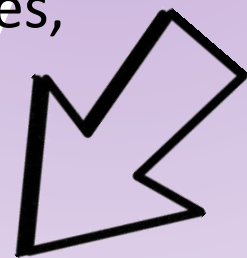
Bully behind the screen...

Cyberbullying is bullying that takes place online

Bullies can be friends, acquaintances, or anonymous people.

How and where does this occur?

- Cyberbullying can be done through the sending and receiving of threatening emails, text messages, or instant messages on all multi-media devices.
- Bullying can occur through the revealing of inappropriate information, pictures, threats/accusations, etc.



Have a positive influence in someone's life and say NO to cyberbullying.

Internet Safety Games & Info



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- A hand holding a tablet displaying a list of internet safety websites. The list is as follows:
- o [netsmartz.org](https://www.netsmartz.org)
 - o [nsteens.org](https://www.nsteens.org)
 - o [safesearchkids.org](https://www.safesearchkids.org)
 - o [kidsmartz.org](https://www.kidsmartz.org)
 - o [internetsafety.org](https://www.internetsafety.org)

Social Media Search



C C D I L R E D N A T S Y B E M A P S Y Y T
 Y U T B N F C O N S E Q U E A N C D C O G W
 B Y I E E S Y H F A C E B O O K N E A U N I
 E S O D T J T E C N E U Q E S N O C M T I T
 R T M U G E F A C A M E R M H U I X E U K E
 B R L S T R O N G P A S S W O R D P R V C E
 U A B F L U H R D R H G A X E T S E A I O B
 L N R S D S B V R L A S A S T V G M F D L G
 L B I E J E H E E Y E M A I L N N G B W B V
 Y N P D S G S W T X G W E R A L E G C J M E
 I O H I Y P A C T I O N S R W B Y T O A Q N
 N C O L P M E S I U K A T M F K I D N P D O
 G W J A F N I C W C D S E A R C H J L O U H
 C I N T E G R I T Y I P B D T X E T C S C P

search

Instagram

cyberbullying

text

YouTube

Facebook

blocking

phone

camera

strong password

integrity

content

Twitter

email

respect

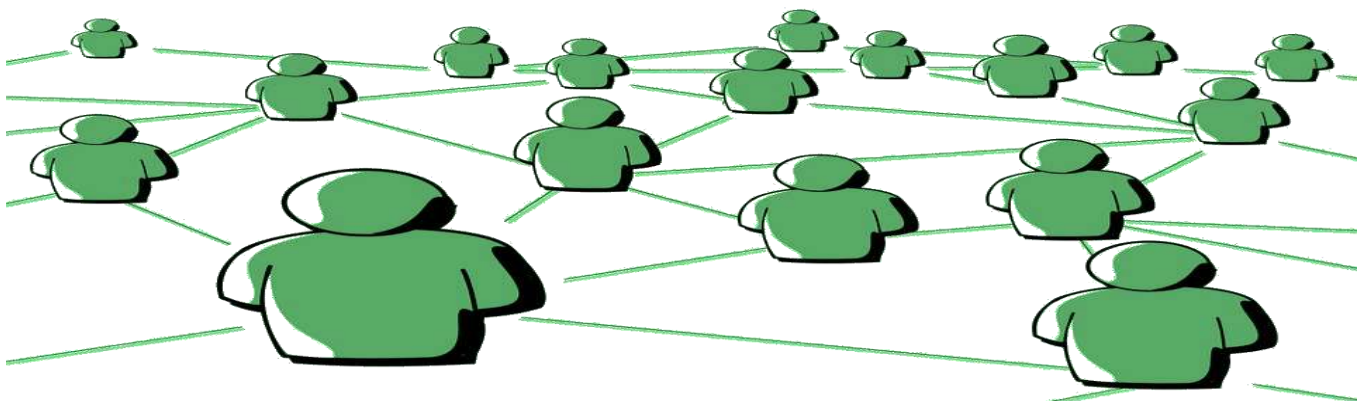
bystander

apps

actions

stranger

consequence



Social Media & Tech Pledge

Parents/caregivers read this with your child

I need to be careful of what I do and say on social media. I need to be mindful of what I **search**, the pictures I take on my **camera** and share, and the **apps** I download. What I say to others over the **phone** through call or **text** can be hurtful, so I should be kind. I should also remember anything I do over the phone and on social media could negatively affect me. What I share and send might be viewed by others I was not interested in showing. When monitoring my **email** and other accounts, I need to seek advice from my parents/ caregivers if I get a strange email, an inappropriate message or photo, or I am threatened. It is important that I only “follow” and “friend” close people in my life and avoid **strangers**. It is important that I secure my accounts and create **strong passwords** with my parent or caregiver. I will not hide accounts or apps with my parents/ caregivers. I know they are trying to keep me safe. I will not talk with strangers and I will notify my parents if a stranger contacts me. I know strangers can be older than they say they are. If I am threatened, I need to report this activity, save all photos and messages (only showing parents and law enforcement officers), and **block** that person on ALL social media accounts. When I know about **cyberbullying**, it is important that I report the activity and be a responsible **bystander**. If I am being cyber bullied, I need to talk with my parents/ caregiver.

I should do all things with **integrity** and treat others with **respect**. I will make sure my **actions** are wise and thought out. I understand what I post on social media: **Instagram**, **Facebook**, **YouTube**, **Twitter**, etc. and the **content** displayed...may last forever.

I, _____ have read and agree that I will use technology safely and be responsible in my decisions. I will talk to my parents/ caregivers, school resource officer, or other trusted adult if I have problems. I understand that what I do and say online could have an impact on my future employment and could result in life altering **consequences** if I am not smart. I understand that technology is a privilege not a right!

Signature: _____ Date: _____